

# 4<sup>th</sup> International Conference on **Hypertension & Healthcare**



**September 10-11, 2018  
Zurich, Switzerland**

**Theme :Control Hypertension: Add life to Longevity**

**Jessie Alison  
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**SCIENTIFIC PROGRAM**

08:30-09:00 **Registrations**09:00-09:30 **Introduction****09:30-09:50 COFFEE BREAK**09:50-11:50  
Meeting Hall 01**KEYNOTE LECTURES**

	MEETING HALL 01	MEETING HALL 02
11:50-13:10	<b>Talks On: Hypertension, High Blood Pressure and Kidney Diseases</b>	<b>Talks On: Pulmonary &amp; Gestational Hypertension, Hypertensive Diseases</b>
	Secondary hypertension	Classification of pulmonary hypertension
	Hypertension rheumatoid arthritis	Sign, symptoms and causes of PH
	Pediatric hypertension	Genetics and molecular pathology
	Genetic factors and life style of high blood pressure	Pulmonary embolism
	Renal disease	Asthma and allergy
	Assessment for reno vascular hypertension	Prevalence of pulmonary hypertension
	Kidney transplantation	Risk factors for Gestational Hypertension
	Nephrology therapies	Pre-eclampsia and eclampsia
	Evidence based methodologies for renal diagnosis and management	Pathogenesis of pre-eclampsia

**13:10-13:15 GROUP PHOTO****13:15-14:00 LUNCH BREAK**

	MEETING HALL 01	MEETING HALL 02
14:00-16:00	<b>Talks On: Evaluation &amp; Causative Factors, Diagnosis and Pathophysiology of Hypertension</b>	<b>Talks On: - Anti- Hypertensive Medications, Hypertension Therapy Devices</b>
	Obesity and weight management	Diuretics & Calcium channel blockers
	Non-steroidal anti-inflammatory drugs	ACE Inhibitors, Benzodiazepines
	Controllable & Uncontrollable risk factors	Angiotensin II receptor antagonists
	Global cardiovascular risk assessment	Vasodilation
	ELISA for AAAR and cardiac myosin	Blood pressure measuring devices
	Laboratory tests for the investigation	Novel non-pharmacological approaches
	Endocrine or hormonal regulation of BP	Baroreceptor activation therapy
	Renin angiotensin aldosterone system	Transdermal therapy of hypertension

09:00-10:30  
Meeting Hall 01

**KEYNOTE LECTURES**

**10:30-10:50 COFFEE BREAK**

	MEETING HALL 01	MEETING HALL 02
10:50-12:50	<b>Talks On: Diet and lifestyle &amp; Nursing Management of Hypertension</b>	<b>Talks On: Advanced Treatment Approaches</b>
	Smoking cessation	Trans catheter renal denervation
	Salt sensitivity and resistance	Neprilysin /neutral endopeptidase (NEP) inhibition
	Dietary potassium	Non-viral gene therapy
	Lowering blood pressure	Stem cell therapy
	Maintenance therapy and reassessment	Invasive therapy

**12:50-13:35 LUNCH BREAK**

	MEETING HALL 01	MEETING HALL 02
13:35-15:55	<b>Talks On: Clinical Trials and Case Reports</b>	<b>Talks On: Cardiologists Training and Education</b>
	Integrating lifestyle advice into clinical management	National health and medical council
	Clinical practice guidelines for the management of overweight and obesity	patient lifestyle modification
	Data management and statistical analysis and data validation processes	Counseling and assessment with hypertension
	Meta-analysis of blood pressure-lowering drug trials	Monitoring antihypertensive drug treatment
	Reporting blood pressure parameters in clinical trails	Absolute CVD risk assessment
	Surrogate or intermediate disease markers	Clinical tuberculosis & epidemiology research
	Assessment of overall cardiovascular risk in hypertensive patients	Chronic respiratory diseases research
	Primary biliary cirrhosis	Cardiac monitoring with emergency department

**15:55-16:15 COFFEE BREAK**

**MEETING HALL 01 (16:15-17:00)**

**Poster Presentations**

**MEETING HALL 01 (17:00-18:00)**

**Workshop**

**Awards & Closing Ceremony**



# Hypertension 2018

## Speaker's Biography

SEPTEMBER 10-11, 2018 ZURICH, SWITZERLAND

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## **Title: Comparing the Pregnancy Outcome in Nuliparas both with and without**

**Maryam Kashanian**  
Iran University of Medical  
Sciences

2013: Professor and Head of the Department of Obstetrics & Gynecology, Iran University of Medical Sciences.

2010: Professor and Head of the Department of Obstetrics & Gynecology, Tehran University of Medical Sciences, Akbar Abadi Teaching Hospital, Tehran, Iran.

Feb 2008- Jan 2015: Head of Akbar Abadi Teaching Hospital.

2007-2010: Head of the Department of Obstetrics & Gynecology, Iran University of Medical Sciences.

2006: Associate professor of Iran University of Medical Sciences, Department of Obstetrics & Gynecology, Akbar Abadi Teaching Hospital, Tehran, Iran.

1993-2006: Assistant professor of Iran University of Medical Sciences , Department of Obstetrics & Gynecology Akbar Abadi Teaching Hospital ,Tehran ,Iran .

University of Medical Sciences, Department of 1989-1993: Assistant professor of Iran Obstetrics & Gynecology, Rahnamoon Teaching Hospital ,Tehran ,Iran .

## **Title: The Effect of Black Tea Consumption in Reducing Blood Pressure**

**Natasha M Setiabakti**  
Mansoura University,  
Egypt.

Natasha Setiabakti has completed her medical doctor from Universitas Indonesia (2017) and honours degree from Monash University (2015). She is now doing her social service intership in rural areas in Indonesia. She has interest in the cardiovascular system and has two papers in reputed journal in that topic. Apart from that she is also interested in social and charity work, she had attended more than 30 social works nationally.

## **Title: Hypertension, albuminuria and fatal stroke long after acute coronary syndrome. The ABC Study on Acute Coronary Syndrome.**

**Giuseppe Berton**  
Conegliano general hospital,  
Conegliano, Italy.

Dr. Giuseppe Berton, born in Zurich march 11, 1957, is a Consultant Cardiologist at Conegliano General Hospital, Italy. His main interest field is on acute coronary syndrome and long term prognosis. Even pathophysiology of hypertension and heart failure belong to his interest. With his groups his interest focuses on endothelium dysfunction, acute inflammatory process and markers of prognosis. He is deeply keen on bio-statistic chiefly on survival analysis. He is the project responsible of The ABC study on heart disease: In 1992, a little group of medical researchers and other participants embarked on an project to investigate new clinical factors for heart disease, studying patients with acute coronary syndrome and following them for many years. Today, the observations on the long-term survival after acute coronary syndrome are internationally acknowledged. Main results appear on the most important cardiovascular texts across the world. The study is called "the ABC heart disease study".



**Title: The discourses about the pathogenesis of primary arterial hypertension: high blood pressure communication with circulation in the blood and tissues of HSV-1**

**Mirzoeva Tomiris,**  
Educational and Clinical Center  
for Family Medicine of the  
Rudaki district  
The Republic of Tajikistan

Mirzoeva Tomiris Rakhimovna was born in 20 January 1994, in the Dushanbe city, the Republic of Tajikistan. From 2000 to 2011 she studied at secondary school No. 82 of the Dushanbe. In 2011 entered to the Faculty of General Medicine of the Avicenna Tajik State Medical University, which graduated in 2017. Now, she studied in the Institute of the postgraduate training of the Ministry of Health of the Republic of Tajikistan, by family medicine specialty, which sponsored by Swiss Tropical and Public Health Institute (Swiss TPH).

**Title: The relationship between *MTHFR* C677T gene polymorphism and**

**Asma Amrani-Midoun**  
University of Oran 1 Ahmed  
Benbella, Oran, Algeria

Asma Amrani-Midoun is a lecturer. She belongs to Biotechnology Department , University of Oran 1 Ahmed Benbella, Oran, Algeria she is also Faculty of Sciences of Nature and Life, University of Oran 1 Ahmed Benbella, Oran, Algeria. She is corresponding author of article "The relationship between *MTHFR* C677T gene polymorphism and essential hypertension in a sample of an Algerian population of Oran city".

**Title: Misclassification of blood pressure of Vietnamese adults when only a single measurement is used**

**Nga Tran, Menzies**  
University of Tasmania  
Australia

I graduated Bachelor of Public Health of University of Medicine and Pharmacy at Ho Chi Minh city in 2004. Having more than five years worked in the area of controlling and preventing the spread of HIV/AIDS at Department of Counselling and Community Support District 8. After obtaining Master of Public Health in Australia in 2012, I worked for the Department of Disease Control and Prevention, Pasteur Institute Ho Chi Minh as a researcher and an expert in controlling and preventing non-communicable diseases for 20 southern provinces of Vietnam. From 8/2014, I was a lecturer at Department of Health Management and Economics, Pham Ngoc Thach Medical University. From 5/2015, I started doing PhD at Menzies Institute for Medical Research in Australia. My project focuses on biological risk factors for non-communicable diseases in Vietnam

## **Title: Early Clinical manifestation of type 5 cardiorenal syndrome in patients with type 2 diabetes and hypertension**

**Omar F Aleman-Ortiz,**  
Angeles Lomas Hospital  
Mexico

Omar Felipe Aleman Ortiz is general Doctor is currently pursuing a master's degree in Experimental and Clinical Neurosciences at the University of Murcia. Currently working at the Angeles Lomas Hospital in the area of post-operative care and is Director of the Integral Unit in Neurosciences in Mexico City. He has devoted much of his career to research in cardiology, nephrology and neurology, focusing mainly to chronic degenerative diseases mainly in its prevention and early diagnosis.

## **Title: Effectiveness of the modified method of surgical treatment of terminal glaucoma**

**Zouhir Oualim,**  
Idriss Al Kabar Nephrology  
Center  
Morocco

Zouhir Oualim, Medicine Doctor (Ph.D.medicine), a Professor in nephrology. Graduate as kidney specialist from Medicine University of Rabat, he got several training and university Diploma of nephrology from Picardie Jules Vernes University (Amiens, France), Interuniversity Diploma of "Pediatric Nephrology" and "organ transplantation" from René Descartes University (Paris, France) and "Statistics" from Mohammed V University. Head of nephrology service in the military hospital of Rabat for 14years, where he created and managed the nephrology, dialysis and kidney transplantation unit. Created and managed the dialysis center in the first medical-surgical center in Morocco. Actually a head of Idriss Al Akbar Nephrology and dialysis center in Rabat, Morocco.

## **Title: the influence of malignant hypertension (MHT) on left ventricular mass and mechanics using advanced echocardiographic techniques to quantify changes in left ventricular (LV) adaptation following management of hypertension.**

**Ms Sahar Alborikan**  
Queen Mary University of  
London

Sahar Alborikan is a postgraduate clinical researcher and she has completed her MSc at the age of 26 from King's College of London and she is currently a PhD student at William Harvey institute, Queen Mary University of London in the area of adult congenital heart disease. She is a senior Cardiac Technology Specialist at King Fahad Specialist Hospital, Dammam Saudi Arabia. Her main research interest is advanced echocardiographic techniques in adult and paediatric.

**Title: Study on relationship between socioeconomic status and blood pressure control among hypertensive patients: A Cross sectional study in a municipality of Eastern Part of Nepal.**

**Buna Bhandari**  
University of New  
South Wales  
Australia

Buna Bhandari is a PhD fellow in Public Health and Community Medicine at the University of New South Wales (Sydney, Australia). Buna is also Assistant Professor of Epidemiology in the Department of Community Medicine and Public Health at Tribhuvan University Institute of Medicine, where she has educated undergraduate and postgraduate medical and public health students. She has involved in different studies related to domestic violence, policy analysis and cardiovascular diseases and publish many papers in scientific journals. Her current doctoral work incorporates qualitative and quantitative research techniques and aims to improve blood pressure control among adults with high blood pressure in Nepal. In her PhD, she is exploring barriers to treatment and control of blood pressure among hypertensive in first phase and she intends to develop mhealth intervention for control of blood pressure among hypertensive patients in second phase of her study. She received Australia Awards Scholarships for doing PhD in Australia from DFAT Australia

**Title: Improving Health Promotion Techniques for Encouraging Lifestyle Changes Using Twitter**

**Dr. Hossam Alakhrass**  
Imperial College, London  
UK

Dr. Hossam Alakhrass is currently a doctoral candidate at Imperial College in the Department of Primary Care and Public Health. He holds a Master's in Public Health from Emory University in Atlanta, Georgia, USA, and he earned his Bachelor of Medicine/Bachelor of Surgery at Misr University for Science and Technology. He is currently working with the Saudi Arabian Ministry of Health on health promotion using social media. After graduation with his doctoral degree scheduled for December 2018, he hopes to work for the Saudi Arabian government in public health and health promotion. For fun, Dr. Alakhrass likes running and working out, and enjoys traveling to California.

**Title: Reduced risk of NSAID-induced adverse events with concomitant use of misoprostol (MICRO Study)**

**Mark Munger**  
University of Utah  
USA

Dr. Munger has expertise in cardiovascular basic and clinical pharmacology, with specific interest in hypertension and heart failure. His current research interests are repurposing and advancing drugs for new therapeutic indications. He is the author of 250+ manuscripts and abstracts, cited over 15,000 times, and 150+ presentations in human cardiovascular physiology and pharmacology.



**Title: Assessment of anthropometric measurement for early detection of atherosclerosis in type 1 diabetic patients of atherosclerosis in type 1 diabetic patients Spectral Domain OCT study**

**Ahmed A. Battah**  
Cairo University  
Egypt

Prof. Ahmed A. Battah: Cairo – Egypt, Prof. in Cairo University, Consultant of Cardiology, Endocrinology and diabetes. M.B.B.CH: Faculty of Medicine, Cairo University. MSC: Faculty of Medicine, Cairo University. M.D.: Faculty of Medicine, Cairo University. Working in the Critical Care Unit in Kaser El Aini Hospital. Attended around 150 conferences. Have 30 international publication. A reviewer in many International journals. A supervisor for MSD and MD. Co-principle investigator in 3 projects. Member in Diabetes and Endocrinology Society for children in Egypt. Egyptian Society of Cardiology, European Society of Cardiology, Egyptian Society of Critical Care Medicine, European Society Of Intensive care Medicine

**Title: To assess suprailiac ultrasonography, mid upper arm circumference and Arm/height Ratio in diagnosis of child obesity**

**Soha M. Abd El Dayem**  
National Research Centre  
Egypt

Prof. Soha Abd El Dayem, Prof. of Pediatrics, National Research Centre. M.B.B.CH: Faculty of Medicine, Cairo University. MSC: Faculty of Medicine, Cairo University. M.D.: Faculty of Medicine, Cairo University. Member of Egyptian Society of Cardiology, Diabetes and Endocrinology Society for children in Egypt. Received Awards for Scientific Encouragement by the National Research Center. Attended around 200 conferences of Cardiology and Diabetes. Have 50 papers published in an international Journal for cardiac diseases and diabetes. Shared in a 13 local project and 5 international projects. Shared in 31 workshop and many convey. Reviewer in many journals. Supervisor for many thesis.

**Title: The correlation between arterial stiffness and capillary morphology in arterial hypertension**

**Sekib Sokolovic**  
Sarajevo University Clinical Center

Sekib Sokolovic is professor of Internal Medicine at Medical Faculty of Sarajevo and cardiologist at Sarajevo University Clinical Center. He is European Hypertension specialist and director of National Training in Cardiology and director of the Excellence Center in Arterial Hypertension. His expertise is arterial stiffness, vitamin D, arterial hypertension, microcirculation and pulmonary arterial hypertension. He is invited speaker worldwide and key speaker as well.

**Title: The use of the Intravenous Laser Blood Irradiation (ILBI) of 630-640 nm for the prevention of the appearance of vascular diseases and the increase of life expectancy**

**Vladimir A Mikhaylov,**  
Eternity Medicine Institute  
Dubai

Vladimir A Mikhaylov was born on March 21, 1959 in Uglich, Yaroslavl province, Russia. In 1982- has finished the Ryazan medical institute named after I.P. Pavlov. 1997 – 2000 - Head of Moscow Scientific-Practical Center of laser Medicine. 2000 – 2006 -General Director of Scientific medical laser Center, Moscow. Since 2006 - private practices on family medicine in Moscow. 2013- Physician Contract with Eternity Medicine Institute, Dubai. In 1988- protected a degree of Ph.D. In 2001 President of VIII Congress of European medical laser association (EMLA) Moscow, Russia. In 2002 is selected by in Task Force in IIIrd Congress of World Association for Laser Therapy (WALT), Tokyo Japan. In 2016 - Prof. Ming-Chien Kao AWARD.

**Title: Optoacoustic imaging of cardiovascular diseases**

**Daniel Razansky**  
Technical University of  
Munich and Helmholtz  
Munich  
Germany

Daniel Razansky is a Professor of Molecular Imaging Engineering at the Technical University of Munich and Helmholtz Center Munich. He earned degrees in Electrical and Biomedical Engineering from the Technion - Israel Institute of Technology and completed further training in bio-optics at the Harvard Medical School. His Lab pioneered a number of novel functional and molecular imaging techniques successfully commercialized worldwide, among them the multi-spectral optoacoustic tomography (MSOT) and hybrid optoacoustic ultrasound (OPUS). His research has been recognized by the German Innovation Prize, ERC Starting, Consolidator and Proof-of-Concept grants, Biovaria Spin-Off Award, Human Frontiers Science Program Award, and several grants from the US National Institutes of Health.

**Title: Kidney Transplant: Solution or the cause of high blood pressure in Kidney Transplant recipients**

**Hossein Tabriziani**  
Loma Linda University  
Canada

Hossein Tabriziani is well known speaker whose has special interest in Kidney and Pancreas Transplantation. He has completed his Medical School at Iran University of Medical Sciences (IUMS) with honors. He finished his Internal Medicine residency at St. Barnabas Hospital, Weill Cornell Medical College in New York. Then he did his fellowship in Nephrology and Hypertension at Georgetown University in Washington, DC and continued his education at University of California San Francisco (UCSF) with a Transplant Nephrology fellowship.

**Title: Hypertension knowledge, blood pressure values and other variables**

**Roberto A Ingaramo**  
Hypertension Center and  
Cardiovascular Disease  
Argentina

Roberto A Ingaramo is a Medical Director, Pueblo de Luis Cardiology Institute and the Hypertension Center, Chubut, Argentina.

**Title: Stage of Hypertensive Retinopathy among Patients who undergone Cataract Surgery in Zamboanga City Medical Center**

**Dr. Jerne Kaz Niels B. Paber**  
Zamboanga City Medical Center

Dr. Jerne kaz Niels Paber is a Resident Internal Medicine at Zamboanga City Medical Center.

**Title: Hypertension: a Post-mortem Study in the Metropolitan Region of Sao Paulo, Brazil**

**Juliana C. Coelho**

University of São Paulo School of  
Nursing  
Brazil

Juliana C. Coelho was a PhD student at University of São Paulo School of Nursing, São Paulo, Brazil.

**Title: Role of C677T MTHFR gene polymorphism in coronary artery disease**

**Mamta P Sumi**

Maulana Azad Medical College  
India

Mamta P Sumi is doing PhD in Biochemistry from Maulana Azad medical college which is registered under the University of Delhi, India. She completed under graduation and post-graduation from the University of Burdwan, West Bengal, India.

**Title: Impact of patient centered “lifestyle disease clinic” with yoga as lifestyle intervention in subhimalayan region of India:An economical solution to hypertension in developing countries.**

**Monika Pathania**

VCSGGMS&RI  
Medical College Campus  
India

Monika Pathania is an Associate Professor in the Department of Medicine at VCSGGMS&RI, Srikot, Srinagar, Uttrakhand, India.

## Title: Acute Pulmonary Embolism Leading To Chronic Thromboembolic Pulmonary Hypertension: An Indian Perspective

**Gaurav Agarwal**  
Sri Jayadeva Institute of  
Cardiovascular Sciences &  
Research (SJICS&R)  
India

Dr. Gaurav Agarwal is a cardiology resident from one of the most prestigious institutes of South-East Asia- Sri Jayadeva Institute of Cardiovascular Sciences & Research (SJICS&R), making his debut on international stage with his study on Chronic Thrombo-Embolic Pulmonary Hypertension (CTEPH). Despite the fact that this condition has a significant morbidity and mortality, it is less often diagnosed and treated. With this study, Dr. Agarwal aims to provide insight into the magnitude of the problem in developing countries and the factors contributing to it. His study is important as it reveals the various determinants for development of CTEPH and thereby aiding in its early recognition & management.

## Title: How many deaths occur in a tertiary care hospital in India?

**Dr. Govind Agnihotri**  
Nalanda Medical College  
India

Dr. Govind Agnihotri is a MD Medicine student from Nalanda Medical College, Patna, Bihar, India.

## Title: A Literature Review of Hypertension in Thailand

**Kornkanya Pengpala**  
Maha Sarakham Hospital

Kornkanya Pengpala is a Registered Nurse of Maha Sarakham Hospital, Maha Sarakham Province, Thailand.



## Title: The effect of magnesium on arterial hypertension and arterial stiffness

**Sekib Sokolovic**  
Sarajevo University Clinical  
Center

Sekib Sokolovic is professor of Internal Medicine at Medical Faculty of Sarajevo and cardiologist at Sarajevo University Clinical Center. He is European Hypertension Specialist and director of National Training in Cardiology and director of the Excellence Center in Arterial Hypertension. His expertise is arterial stiffness, vitamin D, arterial hypertension, microcirculation and pulmonary arterial hypertension. He is invited speaker worldwide and key speaker as well.

## Title: Evaluation of Pro-inflammatory and Anti-inflammatory Cytokines in Type 1 Diabetes Mellitus

**Soha M. Abd El Dayem**  
National Research Centre  
Egypt

Prof. Soha Abd El Dayem is a Prof. of Pediatrics, National Research Centre. M.B.B.CH: Faculty of Medicine, Cairo University. MSC: Faculty of Medicine, Cairo University. M.D: Faculty of Medicine, Cairo University. She is a Member of Egyptian Society of Cardiology, Diabetes and Endocrinology Society for children in Egypt. Received Awards for Scientific Encouragement by the National Research Center. Attended around 200 conferences of Cardiology and Diabetes. Have 50 papers published in an international Journal for cardiac diseases and diabetes. Shared in a 13 local project and 5 international projects. Shared in 31 workshop and many convey. Reviewer in many journals, supervisor for many thesis.

## Title: Biomarkers for early detection of renal damage and arterial stiffness in adolescent type 1 diabetic patients

**Ahmed A. Battah**  
Cairo University  
Egypt

Prof. Ahmed A. Battah, Professor in Cairo University, Consultant of Cardiology, Endocrinology and diabetes. M.B.B.CH: Faculty of Medicine, Cairo University. MSC: Faculty of Medicine, Cairo University. M.D.: Faculty of Medicine, Cairo University. Working in the Critical Care Unit in Kaser El Aini Hospital. Attended around 150 conferences. Have 30 international publication. A reviewer in many International journals. A supervisor for MSD and MD. Co-principle investigator in 3 projects. Member in Diabetes and Endocrinology Society for children in Egypt. Egyptian Society of Cardiology, European Society of Cardiology, Egyptian Society of Critical Care Medicine, European Society Of Intensive care Medicine.

## **Title: Newly discovered way of the function of cardio-vascular system and the latest theory of the development of hypertension and other cardio-vascular diseases**

**Vladimir A Mikhaylov**  
Eternity Medicine Institute  
Dubai

Vladimir A Mikhaylov was born on March 21, 1959 in Uglich, Yaroslavl province, Russia. In 1982- has finished the Ryazan medical institute named after I.P. Pavlov. 1997-2000 - Head of Moscow Scientific-Practical Center of laser Medicine. 2000 – 2006 -General Director of Scientific medical laser Center, Moscow. Since 2006 - private practices on family medicine in Moscow. 2013- Physician Contract with Eternity Medicine Institute, Dubai. In 1988- protected a degree of Ph.D. In 2001 President of VIII Congress of European medical laser association (EMLA) Moscow, Russia. In 2002 is selected by in Task Force in IIIrd Congress of World Association for Laser Therapy (WALT), Tokyo Japan. In 2016-Prof. Ming-Chien Kao AWARD.

## **Title: Prevalence of arterial hypotension in elderly hypertensive patients using 24hs ambulatory blood pressure monitoring**

**Roberto A Ingaramo**  
Hypertension Center and  
Cardiovascular Disease  
Argentina

Roberto A Ingaramo is a Medical Director, Pueblo de Luis Cardiology Institute and the Hypertension Center, Chubut, Argentina.

## **Title: Risk of sudden and non-sudden cardiac death in patients long after acute coronary syndrome, the value of hypertension and microalbuminuria (The ABC Study)**

**Giuseppe Berton**  
Conegliano General Hospital  
Italy

Dr. Giuseppe Berton, born in Zurich march 11, 1957, is a Consultant Cardiologist at Conegliano General Hospital, Italy. His main interest field is on acute coronary syndrome and long term prognosis. Even pathophysiology of hypertension and heart failure belong to his interest. With his groups his interest focuses on endothelium dysfunction, acute inflammatory process and markers of prognosis. He is deeply keen on bio-statistic chiefly on survival analysis. He is the project responsible of The ABC study on heart disease:

In 1992, a little group of medical researchers and other participants embarked on an project to investigate new clinical factors for heart disease, studying patients with acute coronary syndrome and following them for many years. Today, the observations on the long-term survival after acute coronary syndrome are internationally acknowledged. Main results appear on the most important cardiovascular texts across the world. The study is called "the ABC heart disease study."

**Title:**

**coagulation and fibrinolytic parameters in subjects with metabolic syndrome**

**Nashwa Khayrat Abousamra**  
Mansoura University  
Egypt

Nashwa Khairat Abousamra received her MD in Clinical Pathology, Hematology, April 2004, Master's Degree in Clinical Pathology (Hematology), May 1997, dent in Clinical Pathology, Clinical Pathology Department, Mansoura University from 17 May 1994 to 28 May 1998. Demonstrator of Clinical Pathology, Clinical Pathology Department, Mansoura University from 28 May 1998 to 28 July 1998. Lecturer in Clinical Pathology, Hematology Unit, Clinical Pathology Department, Mansoura University from 28 September 2004 to 22 November 2009. She is continuing as Assistant Prof of Clinical Pathology, Hematology Unit and as Professor of Clinical Pathology, Hematology Unit, Clinical Pathology Department, Mansoura University.

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# Glimpses of Hypertension conferences





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# Switzerland Attractions

Uetliberg Mountain



Museum of Art



Lake Zurich



Chillon-Castle



Zoo Zurich



Zermatt



Old Town



Hauptbahnhof



Parkanlage Zuerihorn

