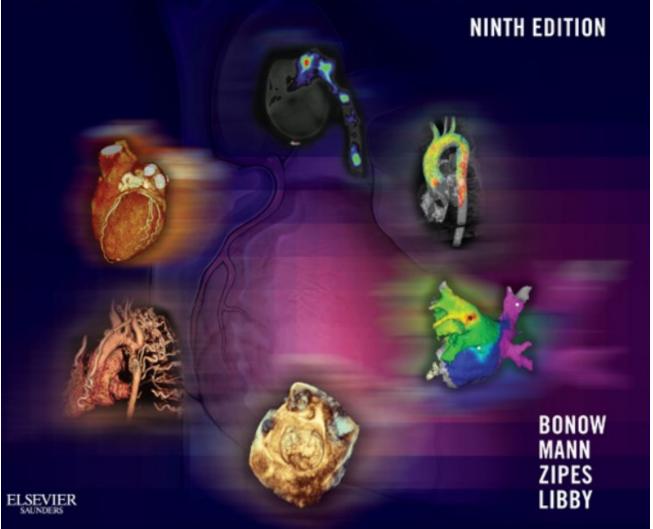
BRAUNWALD'S HEART DISEASE

A Textbook of Cardiovascular Medicine



ELSEVIER SAUNDERS

1600 John F. Kennedy Blvd.

Ste. 1800

Philadelphia, PA 19103-2899

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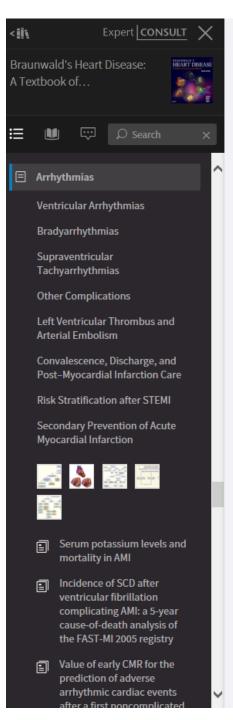
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55 ST-Segment Elevation Myocardial Infarction

Management

Elliott M. Antman David A. Morrow

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Atrial Flutter and Fibrillation

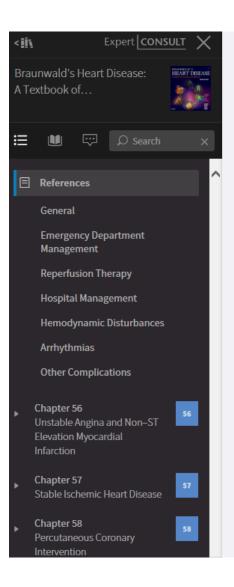
Atrial flutter is usually transient and, in patients with STEMI, is typically a consequence of augmented sympathetic stimulation of the atria, often occurring in patients with left ventricular failure, pulmonary emboli in whom the arrhythmia intensifies hemodynamic deterioration, or atrial infarction (see Table 55-13 (2)).

As with atrial premature complexes and atrial flutter, fibrillation is usually transient and tends to occur in patients with left ventricular failure but also occurs in those with pericarditis and ischemic injury to the atria and right ventricular infarction. The increased ventricular rate and loss of the atrial contribution to left ventricular filling result in a significant reduction in cardiac output. Atrial fibrillation during STEMI is associated with increased mortality and stroke, particularly in patients with anterior wall infarction. However, because it is more common in patients with clinical and hemodynamic manifestations of extensive infarction and a poor prognosis, atrial fibrillation is probably a marker of poor prognosis, with only a small independent contribution to increased mortality.

Management

Atrial flutter and fibrillation in patients with STEMI are treated in a manner similar to that in other settings (see Chap. 40 \$). Patients with recurrent episodes of atrial fibrillation should be treated with oral anticoagulants to reduce the risk of stroke, even if sinus rhythm is present at the time of hospital discharge, because no antiarrhythmic regimen can be relied on to be completely effective in suppressing atrial fibrillation. In the absence of contraindications, patients should receive a beta blocker after STEMI; in addition to their several other beneficial effects, these agents are helpful in slowing the ventricular rate if atrial fibrillation recurs. Digitalis may also be helpful in slowing the ventricular rate and managing ventricular dysfunction when atrial fibrillation develops after STEMI. 186

Other Complications



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